

Cougar Tracks



Mission Statement: St. John's Lutheran School provides quality Christ-centered education for the congregation and community to make and equip disciples of Jesus Christ.
Matthew 28:18-20



stjohnsredbud.org <http://fastdir.com/stjohnsredbud/>

Psalm 98:4

“Make a joyful noise to the Lord, all the earth: break forth in joyous song and sing praise!”

September 3, 2025

LUNCH:

Thurs. Sept. 4 - Chicken parmesan, broccoli, peaches, candied cookie, and milk.
Fri. Sept. 5 - Hamburger and noodles, peas, mandarin oranges, and milk.
Mon. Sept. 8 - Popcorn chicken, tator tots, peas, oreo pudding, and milk.
Tue. Sept. 9 - Turkey wrap, cooked carrots, french fries, mixed berries, and milk.
Wed. Sept. 10 - Salisbury steak, mashed potatoes, green beans, pears, and milk.
Thurs. Sept. 11 - Grilled chicken, spanish rice, corn, pineapple cake, and milk.
Fri. Sept. 12 - Toasted ravioli, bread stick, salad, peaches, and milk.



ACOLYTE TRAINING: Pastor Winkelman and Mr. Becker will be hosting acolyte training for all St. John's students and Public school students in grades 6-8 on **Wednesday, Sept. 3rd at 4:15pm at church.** ALL 6-8th grade students who did not attend the session on 8/27 are required to attend this session. Any questions should be directed to Mr. Becker.

WHAT'S GOING ON AT SCHOOL:

Wed. Sept. 3rd - Acolyte Training, 4:15 @ Church
Thurs. Sept. 4th - BB v. PDR, 4:15pm
Fri. Sept. 5th - Civil War Day, 1-2pm @ School
Fri. Sept. 5th - CC @ RBL (Lincoln Park)

Mon. Sept. 8th - SB @ TSJ, 4:30pm
Tue. Sept. 9th - BB/SB @ Steeleville, 4:15pm
Tue. Sept. 9th - Cougar Fun Run

CHAPEL SERVICES NEXT WEEK:

- Fri. Sept. 5 - All School Chapel Service, 8:30am @ Church, Leader - Mrs. Valleroy & 3rd Grade
- Wed. Sept. 10 - 3-8th Chapel Service, 9am @ Church, Leader - Bob Polansky (Camp Wartburg)

COUGAR PROWL FUN RUN: Our 8th annual Cougar Prowl Fun Run is September 9! Pledge envelopes and information about electronic donations were sent home with the students on Tuesday. **All envelopes are due back in the office on or before that day!** Please see additional information on how the fun run works attached below. Keep watching the Cougar Tracks and the school Facebook page for Cougar Prowl updates!

CIVIL WAR DAY: 8th grade will present their Civil War projects on Friday, Sept. 5th beginning at 1pm. Students will be dressed in period attire and will answer questions about what they have learned. All are welcome to attend!

SEPTEMBER YOUTH GROUP EVENT: Friday September 12th from 5pm – 9pm. Eckert's Bonfire and Fun Farm – 2719 Eckert Orchard Lane Millstadt, IL. We'll meet in the school parking lot at 5pm for anyone who needs a ride, but you can also meet there. We have bonfire site #43 reserved. Hot dogs, chips, smores, and drinks provided. The junior youth fund will cover the cost for junior youth, but siblings and parents cost (if you want to come along) is \$12 if you buy tickets online ahead of time. Included in admission: petting zoo, carnival rides, pig races, corn trail, wagon train, and haunted hayride. Please text Erin at 618-581-5928 for more information and to RSVP.

NEW STUDENT SIGNS: If you received one of the New Cougar Signs prior to the first day of school, please return it to the school office at your earliest convenience. Signs will be cleaned and reused for next school year. Thank You!

STUDENT CHOIRS SINGING IN CHURCH: Mrs. Hudak and our student choir groups are preparing to sing in church. On Sun. Sept. 14th grades 3-8 will sing in the 8:00am worship service. Please click the following link or scan the QR code below to sign up: https://docs.google.com/forms/d/1oW3rAVikxH6Li_Y4xdCzAYRA8Z2rrC4N1afUAIcCrZ00/edit. On Sun. Sept. 21st, grades K-2 will sing in the 10:30am worship service. Please click following link or scan the QR code below to sign up: <https://docs.google.com/forms/d/1MIXZ3QAdyX49ogxPsrudBDxxpUXhk7AnZTmlpWHNyJ0/edit> Please note - both choirs will sign from the balcony, and both worship services will contain a children's message. Thank you for allowing your child to help us spread the good news of our Lord and Savior!

DAILY ATTENDANCE: Moving forward, please make every effort to avoid repeated student appointments during the school day. It is vital that your student(s) are in attendance for core subjects each day. If for whatever reason students must leave, they must be checked out through the school office.

8TH GRADE TRIP TRAVEL OPPORTUNITY: The current 8th grade class of 2026 has 9 spots available for guests on their class trip. The dates of the trip are April 10-18. The following cities and various stops will be included: Petersburg, KY, Charlottesville, VA, Jamestown, VA, Williamsburg, VA, Mt. Vernon, VA, Washington, D.C., Gettysburg, PA, Somerset, PA, and Dayton, OH. A \$500 deposit is required to hold your spot by Nov. 1 and will be deducted from the remaining balance due by March 1, 2026. Several meals, all entrance fees, and hotel costs are included. An estimated per guest cost sharing a double room is \$1,500. An estimated single guest room will be \$2,000. If you are interested in joining us on this trip please let Mr. Bill Becker know at your earliest convenience at 618-282-2958.

33RD ANNUAL GOLF TOURNAMENT: Mark your calendars for Sat. Sept. 20th and plan to join us for our 33rd annual golf tournament. All proceeds from this event benefit our Athletic Fund. The tournament is played as a 4 person scramble, and begins with a shotgun start at 9am. If you would like more information please stop by the office for a flyer or contact Andrew Stelhorn at andrew@wfdesignz.com or text 618-334-3182. Thank you in advance for your support of this event!

STUDENT HEALTH REQUIREMENTS: In accordance with Illinois state guidelines the following health requirements are in place for the 24-25 school year. Preschool - **If your child does NOT attend SJL daycare**, birth certificate, social security number/card, and current physical. Kindergarten – physical, dental, and eye exam, copies of student birth certificate and social security card. 2nd grade – dental exam. 6th grade – physical and dental exam. Student athletes – sports physical. Physicals and eye exams are good for 365 days, and dental exams are good for 6 months. Please have all documents on file in the school office by September 15th. If you need a copy of the form to take to your child's appointment, copies are available in the school office. Our school fax number is 618-282-4087 if your doctor's office prefers to fax forms directly to us.

BEFORE/AFTER SCHOOL CARE: This year our BASC program will be directed by members of our daycare team. Mrs. Courtney Schoenbeck will serve as the lead director. Her email address is cschoenbeck@stjohnsredbud.org. Fast direct was used for August charges, but a transition to a separate billing system will begin in September. Charges will be posted to your account around the first of the month. Due to the change in directors for the year, new paperwork needs to be completed for ALL families wishing to use the program. Please note; after school is NOT available on 11:40am dismissal days or the day before holiday breaks. Reminder messages will be sent. If you have any questions, please direct them to Courtney at the email address listed above, and do not reach out to the school office.

ONGOING FUNDRAISERS:

- Casey's Rewards - You can direct your rewards points to benefit St. John's Lutheran School via the Casey's app.
- Community Coffee Cash for Schools - Clip the proof of purchase label on any Community Coffee products and submit them to the office. We receive points for each label!
- Scrip/RaiseRight - Our schools "gift card" program. Gift cards are purchased at face value and earn rebates which can be applied to your school accounts.

Please reach out to Sara (sara@stjohnsredbud.org) if you have any questions or would like more details of these programs.



Grades 3-8 Choir Sign-Up



Grades K-2 Choir Sign-Up



8th Annual Cougar Prowl Fun Run! September 9, 2025

WHAT IS THE FUN RUN?

- A school wide event in which all students participate!
- Students will get pledges before running or walking laps at the fun run course set up at school.
- Thanks to the *AMAZING* sponsors, upwards of *98% of funds collected in the envelope stay at our school!*

WHAT IS THE GOAL OF THE FUN RUN?

- Include the entire SJL family in a fitness awareness event
- Make this a successful fundraiser to support technology upgrades, staff recognition, classroom wish lists and so much more!

WHAT DO THE STUDENTS DO FOR THE FUN RUN?

- Have a TON OF FUN!
- Use their sponsor form and/or online platform to collect pledges.
- Run/walk on fun run course set up at school.
- All students participate even if they do not have sponsors.

WHAT DO THE STUDENTS GET FROM THE FUN RUN?

- A Cougar Prowl t-shirt!
- Appreciation of teamwork and school unity!
- Each classroom has the chance at participation awards!

WHAT ABOUT PLEDGES?

- Sponsors pledge a set amount (**this is not a per lap donation**)
- Please do not allow your children to go door-to-door alone to solicit sponsorship.
- Boosterthon will receive a portion of electronic donations.
- Pledges of \$60.00 per student will achieve our goal!

Please contact Lara Voss or Chrystal Kiefer with questions. We look forward to making this a successful event for St. John's!

SPECIAL THANKS TO OUR 2025 SPONSORS:

